

“Share The JOY of Giving”

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JOY Foundation Nepal

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JOY's
Newsletter

www.joy.org.np

“Share The JOY of Giving”

Editorial

Yet, another year has been passed and heading towards the New Year 2017. I would like to extend my Best Wishes for Happy and Prosperous New Year 2017 to all.

This year JOY had taken a bold step to bring its youth members in forefront by forming separate Youth Committee to handle most of its programs in grass root level. The youth members of JOY had actively participated in relief works during devastating earthquake of 2015 in Nepal, which paved way for them to form this committee.

JOY had also signed a Memorandum of Understanding with Community Child Rescue Center (CCRC), a Lalitpur based orphanage home to support in education and food for children living there for three years.

It is a great honor for JOY to be a part in the signing ceremony of Memorandum of Understanding between Taiwan Health Corps and Manmohan Memorial Teaching Hospital. The main objective of this MoU is to support MMTH in health care services for the period of five years with effect from January, 2017.

JOY in cooperation with Nepal Australia Friendship Association (NAFA), Australia and Tilganga Institute of Ophthalmology had run an Eye Care Camp in Dhadingbensi, Dhading District from 27 to 30 November, 2017 where 119 people got their eye sight restored after successful Cataract Surgery. The studies shows, cataract is the major cause of blindness in Nepal.

JOY had successfully completed the year 2016 under taking various social endeavors for the benefit of needy and marginalized people. We take this opportunity to thank Executive Board Members, Life Members, Members, Honorary Members, Donors and Well wishers of JOY for their relentless support and guidance during the period of time.



Raju Shrestha
President

20 years of Social Service (1996 – 2016)

The journey of JOY Foundation Nepal officially started in November, 1996 as a collective effort of group of friends to help the needy people in our society. However, we are helping needy people personally since long time back. I would like to share a small incident which also inspired us to establish JOY Foundation Nepal. Mr. Babu Kaji Shrestha, Mr. Mrigendra Bahadur Pradhanang, Mr. Harold Seligman from USA and myself once visited a disable home at Dhulikhel, where mostly blind people were living. It was Saturday afternoon and most of the blind people are enjoying singing and playing musical instruments. While we were returning after a brief visit, the blind people say "good bye and see you again". This touched us emotionally and we immediately discussed and decided to establish an organization and the name has been suggested as "JOY Foundation Nepal" with its slogan "Share the Joy of Giving".

After the establishment of this organization, we joined hand with Tilganga Eye Center to cure the eye problems in different parts of the country. In Nepal, most of the people lost their eye sight due to Cataract problem, which can be treated easily by doing surgery which does not take more than 15 minutes. So, JOY Foundation Nepal in cooperation with Tilganga Eye Center had run many Free Eye Treatment Camps in different parts of the country where eye care treatment is not available easily.

Besides this, JOY is helping many students to pursue their school and college level studies by proving them scholarships. JOY is also supporting orphanage home, disable care centers, organizations for deaf and hard of hearing etc. JOY not only provides direct help to the needy people, it also assisted local organizations and organization from abroad to work together for the benefit of needy people in the community. JOY is also providing assistance to Nepal Australia Friendship Association (NAFA), Queensland, Australia to run their various activities in different parts of Nepal.

JOY Foundation Nepal had also signed a Memorandum of Understanding with Ling Jiou Mountain Buddhist Society, Taipei, Taiwan to provide humanitarian support to earthquake victims of 2015 earthquake in Nepal.

I take this opportunity to thanks all our Founder Members, Life Members, Members, Honorary Members, Donors and Well wishers of JOY Foundation Nepal for their continued support and valuable guidance in these years and also hope for same in the days to come.

I wish all a Very Happy and Fruitful New Year 2017.

Children's Personal Hygiene and Sanitation Training Program

JOY Foundation Nepal had launched Children's Personal Hygiene and Sanitation Training Program to the 18 orphaned children of Community Child Rescue Center (CCRC) in cooperation with Clean up Nepal on 9th July 2016. The main objective of this program is to make children aware about how to improve their personal hygiene and sanitation habits. All the children were taught about the importance of cleanliness to prevent themselves from common diseases with practical demonstration of perfect hand washing and tooth brushing by the children themselves.

We take this opportunity to thank Clean up Nepal team for their support in running this training program.



WASH Awareness Training program

JOY Foundation Nepal had conducted WASH Awareness Training program to HIV infected/affected and orphaned children taking shelter and education at Punarbal Plus, Sitapaila, Kathmandu on 16th July 2016. These children were deprived of education because of their HIV status and poverty before coming to this home. There are 32 children living at Punarbal Plus age between 3 to 18 and now going to school.

Volunteers from Clean up Nepal provided WASH awareness training on Personal Hygiene, Hand Washing, Dental Care and Sanitation. The teaching methodology was based on learning by playing. We interacted with the children, discussed about the importance of personal hygiene and sanitation, and played some games with them. They were very much enthusiastic to learn and actively participated in the program. These types of program are very important for HIV/ Aids infected and affected children who need more medical care to keep them away from common cold and other diseases.



Interaction Program for Mutual Cooperation

JOY Foundation Nepal had organized an interaction program with Clean Up Nepal and Nepal Chamber of Commerce and Industries on 29th July 2016, Friday. The main objective of this program is to find out possible ways of cooperation between three organizations and help each other in their future social endeavors. The program was organized by JOY Youth Committee. There are altogether 27 participants from Clean up Nepal, Youth Committee of Nepal Chamber of Commerce, JOY Board Members, JOY Youth Committee members, and JOY Secretariat staff.

All the participating organizations introduced their organization's objectives and their activities for the wellbeing of local people from remote area in Nepal. Amid the function, Mr. Sachindra Pradhanang, Coordinator of JOY Youth Committee informed the participants about the objectives of JOY and its ongoing activities. He also requested the concerned organization to join hand with JOY to run JOY's social endeavors in the days to come. The interaction program is followed by dinner hosted by JOY Foundation Nepal.



WASH Awareness Training

JOY has successfully conducted “WASH Awareness Training” with a motive to develop common understanding on Personal Hygiene and Sanitation to the children of PA Nepal at Nayabazar on 6th August 2016.

Volunteers from Rotaract Club Charumati provided WASH awareness training on Personal Hygiene, Hand Washing, Dental Care and Sanitation. Theoretical and practical knowledge of personal hygiene and hand wash has been given to the children living at PA Home. JOY had also handed over Tooth Pastes, Biscuits, Juices and Sanitary Materials to the children. We sincerely thank Patanjali Aayurvedic Kendra Pvt. Ltd. Swoyambhu, Kathmandu and Clean up Nepal, Kathmandu for providing all materialistic support. And also thank all the volunteers of Rotaract Club of Charumati for your support.



Food for Children

JOY Foundation Nepal provided food materials like Rice, Dal, Noodles, Biscuits. etc as a part of its continued support to PA Nepal, Naya Bazar on 27th October 2016. PA Nepal is a local partner organization of JOY where more than 500 children were taking shelter who were rescued from different prisons of Nepal. The JOY Youth committee Members managed and delivered the goods to PA Nepal in a very short notice. We really appreciate the active participation and enthusiasms JOY Youth Committee Members.



Small Help to Orphan Children

JOY has distributed some undergarments to the children of Community Child Rescue Center (CCRC) on 15th August 2016. JOY would like to thank Ms. Chhamju Shrestha and Clean up Nepal for their unconditional support. It looks like small efforts but it makes sense.

Burn Awareness and Prevention Training Program

JOY had assisted Burn Violence Survivors (BVS), Lalitpur, Nepal to run awareness training program titled "Burn Awareness and Prevention Training Program" to the children of Punarbal Plus, Sitapahila, Kathmandu on 25th Aug 2016.

The children were taught how to be aware from burn and how to prevent from burning. In Nepal the cases of burnings were increased during winter season. These type of training will definitely help the children to prevent themselves and others from burning.

Construction of Well at Earthquake Hit Area

JOY had constructed a well at Khokana Municipality, Lalitpur, Nepal. Khokana is also among those places where massive earthquake damaged 95 percent of houses on 25th April 2015. The total numbers of houses in these areas are 843. And the total population of this area is 5,314. Similarly, 536 houses were damaged, 307 houses cracked, 10 people died and 23 people were injured due to the devastating earthquake.

The main objective of construction of this well is to facilitate water for the various purposes like drinking and cleaning. The wells in this area has also been damaged by earthquake. The well has been handed over to the Campaign for Sustainable Community Development Nepal (CSCD Nepal) and community people on 3rd of October 2016. JOY would like to heartily thank to MS. MUN MUN and her friends from Hong Kong for supporting us to construct this well.



Deusi Program - 2073

JOY Foundation Nepal with JOY Youth Committee had organized Deusi as well as Fund Raising Program on the occasion of Tihar / Dipawali to support JOY's partner organization Prisoner's Assistance Nepal on 31st October 2016. JOY Youth Committee Members and children from PA Nepal presented various musical and cultural performances and the program was organized at the residence of JOY President, Mr. Raju Shrestha.

JOY would like to sincerely thank all Board Members, Life Members, Members, Youth Committee Members, PA Nepal and all participants for making this program a grand success. The amount raised in this program will be used to buy necessary food and other things for PA Nepal.



Support to PA Nepal

JOY Foundation Nepal has provided 150 soaps and 105 towels to the Cleanup Nepal for the Hand washing program at Children's Home on 5th November 2016. The Children Home was established by PA Nepal (Prisoners Assistance Nepal)-a grass root organization that seeks to meet the basic needs of prisoners and their families and advocate for them. PA Nepal's Home at Sankhu provides care and support to 103 children aged 5 to 18.

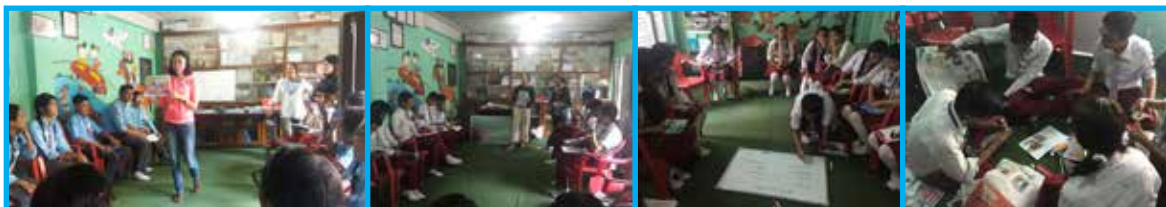
The training program has been conducted with three key messages - how germs travel, when should hands be washed and how do we wash our hands. This awareness program is a part of Global Hand washing Month with the theme "Make Hand washing a Habit!"



Life Skill Workshop at VSN School

Two volunteers from Queensland University, Brisbane, Australia visited Nepal through Nepal Australia Friendship Association (NAFA, Australia) to work as Intern in Nepal as a part of their academic fulfillment.

Miss Avalon Wood and Miss Minghan Deng had run “Life Skill Workshop” at Vinayak Sikchhya Niketan School, Thimi, Bhaktapur to the students of grade ten. The workshop is designed to let the students know how to set up their future goals regarding their studies and careers after finishing their schools studies. Miss Pratika Shakya from JOY Foundation Nepal had assisted them to run this program effectively.



Eye Camp 2016

JOY Foundation Nepal and NAFA, Australia had supported the Free Mini Outreach Micro-Surgical Eye Clinic (Eye Camp) run by Tilganga Institute of Ophthalmology at Dhadingbeshi of Dhading District from 27 to 30 November, 2016. Out of 226 Patients inspected, 119 people had undergone Cataract Surgery and one has Pterygium (minor surgery). All the patients were provided with Free Medicines and Sunglasses.

JOY also distributed some Biscuits and Juices to all patients of District Community Eye Center which was supported by Patanjali Ayurvedic Kendra Pvt. Ltd. JOY would like to heartily thank to all Doctors and the Team Members of Tilganga Institute of Ophthalmology, Team of District Community Eye Center and Volunteers who had directly or indirectly supported this camp.

JOY Board Members, Mr. Raju Shrestha, Mr. Babu Kaji Shrestha, Mr. Juju Bhai Shakya and JOY Office Staff Ms. Pratika Shakya also participated in this Eye Camp.



Signing of MOU between Taiwan Health Corps and MMTH

A Memorandum of Understanding has been signed between Manmohan Memorial Teaching Hospital and Taiwan Health Corps, Taiwan on 15th December 2016 at the premises of same Hospital. The MoU has been signed to provide health care related assistance and medical expertise to people of Nepal through Manmohan Memorial Teaching Hospital. This agreement is based on the spirit of Humanitarian aid in order to provide medical services to poor and needy people as far as possible.

The MoU has been signed by Prof. Mei Shang Ho, President, Taiwan Health Corps and Dr. Guna Kumar Shrestha, Director Manmohan Hospital, which was witnessed by H.E. Tien Chung-Kwang, Ambassador of Republic of Taiwan for India , Dr. Ram Prasad Shrestha, Chairman Manmohan Memorial Health Foundation and Mr. Raju Shrestha, President, JOY Foundation Nepal. This is a new mile stone in the development of health service sector in Nepal.



Signing of MoU between JOY and CCRC

A Memorandum of Understanding has been signed between JOY Foundation Nepal, Thamel, Kathmandu and Community Child Rescue Center (CCRC), Lalitpur on 4th December 2016 at JOY Office. This agreement is made to provide regular financial assistance to CCRC for three years at Rs. 53,375/- per month by JOY, who will receive funds from Ling Jiou Mountain Buddhist Society, Taiwan for education and food for the children living in CCRC.

The Mou has been signed by Mr. Raju Shrestha, President, JOY Foundation Nepal and Mr. Robin Tamang, Treasurer, Community Child Rescue Center in presence of JOY Secretariat Staffs and Advisory Committee Members Mr. Padam Tamang, Mr. Dinesh Thanju and Mr. Bijaya Ratna Tuladhar of CCRC.



जिवन कता !!!

मेरो जन्म २०४२ साल कार्तिक ९ गते रामेछाप जिल्ला हिलेदेवि गा.वि.स. ८ नैसिवामा माता कृष्णमाया खड्का र पिता दिलबहादुर खड्काको पवित्र कोखबाट जन्म लिइ यस धर्तिमा पाइला टेक्न पुगेको हु। म ५ वर्षको हुदा बाबाले गाउँकै श्री भलखर्क माध्यामिक विद्यालयमा कछ्या १ मा औपचारिक रुपमा भर्ना गरि दिनुभयो। यतिकैमा म ६ वर्षको छँदा बाबाले मेरो हेराइ र हिडाइ छड्के दायौं बायाँ भएको देखे पछि शड्का लागि मेरो आँखा हेर्नु भएछ। त्यतिबेला मेरो आँखामा सानो तोरिको गेडा जस्तो सेतो टिका बसेको देख्नु भएछ। अब मेरो छोरोले आँखा नदेख्ने भयो भनि चिन्ता गर्न लाग्नु भएछ।

बाबाले गाउँघरमा हुने झारपात मिचेर हाल्ने अनि बोक्सि लागेको हुनसक्ने आसङ्का ठानि कुखुरा हाँस परेवा र बोको मन्दिरमा चढाउने धामि राखि घरमा पशु बलि दिएर भगवान खुसि पार्न लाग्नु भएछ। जति गर्दा पनि नभए पछि बाबाले उपचार गर्न जिल्ला सदरमुकाम मन्थलि लम्नु भयो त्यहाको डाक्टरले यहाँ हुन नसक्ने काठमाण्डौ लम्नु पर्ने सुझाव दियो र बाबाले २०४७ साल जेष्ठ महिनामा उपचारका लागि काठमाण्डौ ल्याउनु भयो।

हामि भोलिपटक त्रिपुरेश्वर आँखा अस्पताल पुग्यौ र आँखा देखाउन थाल्यौ। त्यति बेला हेर्दा उपचार हुन सक्ने डाक्टरको ठम्माइ भयो र उपचार गर्न अप्रेसन कोठामा पुग्यौ तर बच्चा सानै छ अहिले उपचार गर्दा आँखाको ज्योति नफर्कन पनि सक्छ बरु तपाइले महिना महिनामा आइ जचाएर औषधि लागि हाल्नुहोस् पछि केहि वर्ष भए पछि अप्रेसन गरौला भनि बाबालाइ डाक्टरले भन्यो र बाबा र म आफ्नो घरतिर लाग्यौ।

त्यति बेला म ८ वर्षको भइ सकेको थिए। बाबा आमाले अब यहाँ नबस्ने गाह्रो भयो शहर जाने भनि २०५० सालमा गाउँ छोडेर जाने कुरा गर्दा हामिलाइ रमाइलो लागेको थियो। हामि सबै जना लाइन लस्कार लागेर काभ्रे जिल्ला पाँचखालतिर लाग्यौ। म पनि दाइ संग हातेमालो गर्दै पुनः कक्षा १ मा भर्ना भइ पढ्न शुरु गरे। आफ्नो दिन चर्चा बिताउदै थिए यतिकैमा मेरो आँखामा असर धेरै देखियो र सेतो दाग भरिदै गएकाले बस्तु चिन्ह र ठम्याउन नसक्ने भए। यति बेला म श्री जोरपाटि विद्यालयमा कक्षा ३ मा अध्ययन गर्दै थिए। अचानक आँखामा धमिलोपना देखे पछि मैले पढाइ छोडेर अस्पतालतिर लागे। बाबाले मलाई आँखा उपचारका लागि पुनः त्रिपुरेश्वर आँखा अस्पताल लम्नु भयो। उक्त अस्पतालका डाक्टरले आँखामा नसा सुकेको छ उपचार सम्भव छैन भने पछि बाबा धुरु धुरु रोएको अहिले जस्तै लाग्छ। बाबालाइ बिश्वास नलागेपछि टिचिड अस्पताल र तिलगङ्गा अस्पताल पनि लम्नु भयो तापनि उपचार नहुने भए पछि स्तब्ध हुनु भयो। त्यस पछि मैले मसिनो अक्षर कम देख्न थाले। पछि घरमै घरको काम गर्दै बस्न थाले।

समय बित्दै थियो म पनि १४ वर्षको पुगि सकेको थिएँ। आँखाको ज्योती गुमे पछि श्री जोरपाटि विधायलयमा पुनः २०५७ साल मंसिरमा १ देखि ब्रेल लिपिमा पढ्न थाले। मैले उक्त स्कुलमा ४ सम्म पढे भने ५ मा पढ्न म नेपाल ट्रिभिबिहिन कल्याण संघको सहयोगमा रौतहट पुगे त्यहा एक वर्ष पढेपछि मैले उक्त संस्थालाइ कुरा गरि म सन्जिवनि उच्च माध्यामिक विद्यालय धुलिखेलमा ६ मा पढ्न कुरा गर्न गए उक्त विद्यालयले हुन्छ भनेपछि म सो विद्यालयमा २ वर्ष पढे र ८ मा पढ्नका लागि आजाद उ.मा.वि. बनेपा पुगे। म कक्षा ८ मा पढ्न सुरु गरेपछि अलि बढि खर्च लाग्ने र घरको पनि आर्थिक अवस्था कम्जोर भएकोले गर्दा पुनः सहयोगी संस्था खोज्न काठमाण्डौ एकलै आए र अपाङ्गता भएका व्यक्तिहरुको शैक्षिक क्षेत्रमा कार्य गर्ने प्राय सबै संघसंस्थाहरुमा पुगे तर सहयोग गर्ने कुनै प्रतिबद्धता पाउन सकिन र घर फर्कने तयारिमा म बस चढ्न पुरानो बसपार्कमा जाँदै थिए बाटोमा एक जना व्यक्तिलाइ भेटे अनि उसले मलाई बस चढाउन लाने क्रममा परिचय गर्यो र मैले पनि सबै कुरा भनि सक्दा नसक्दै उसले म सहयोग गर्छु तपाइले भोलि मेरो अफिसमा आउनु भनि मोबाइल नम्बर र अफिस ठेगाना दियो। उहा तिल गङ्गा अस्पतालको डाक्टर रहेछन्।

भोलिपट्ट म तिलगङ्गामा गइ भेटे पछि उहाँले ज्वइ फाउन्डेसन नेपालको कार्यालयमा लागि कुरा गरिदिनु भयो र कार्यालयले सहयोग गर्ने प्रतिबद्धता समेत जनाएर मेरो ७ कक्षा उत्तिर्ण गरेको प्रमाणपत्र लिइ राख्नु भयो। सोही सालको श्रावण महिना देखि हरेक महिना ५०० दिने निर्णय भयो र मैले त्यो पैसाको मद्दतले अन्न राम्रोसंग पढाइलाई अगाडि बढाउने अवसर मिल्यो र पढाइ पनि राम्रो हुदै गयो। ज्वइ फाउन्डेसन नेपालको सहयोगकै कारण आजाद उ.मा.वि.बाट एस.एल.सि. परिक्षा २०६३ सालमा दिंदा प्रथम श्रेणीमा पास हुन सफल भए। म एस.एल.सि. पास भएपछि मैले ज्वइ फाउन्डेसन नेपालमा फोन गरे अनि कार्यालयबाट कहाँ पढ्छौ भन्दा मैले काठमाण्डौ पढ्छु गाउँमा पढ्न गाह्रो हुने कुरा भनेपछि मलाई सहयोग रकम पनि बढाइदिने कुरा गर्नु भयो र म सिप सिक्दै उच्च शिक्षा पढ्ने निर्णय गरि काठमाण्डौ आए।

२०६३ श्रावण देखि किर्तिपुर बसि शहिद स्मारक कलेजमा ११ कक्षामा भर्ना भइ अध्ययन गर्न थाले। मलाई ज्वइ फाउन्डेसन नेपालले विद्यालय तहमा दिने सहयोगमा पुण निरन्तरता दिदै ५०० बढाउदै १००० बनाइ दिन थाल्यो। २०६६ मा १२ कक्षा पास गर्न पनि सफल भए। मैले १२ कक्षा समेत पास गरेपछि ज्वइ फाउन्डेसनका व्यक्तिहरु खुसि हुदै ब्याचलर पढ्नका लागि महिनाको १५०० दिएर पढ्नका लागि थप हाँसला दिनु भयो। अहिले सो संस्थाको सहयोगले गर्दा म पुर्ण रुपमा आफै केहि गर्न समेत सक्ने भएको छु। संस्थाको सहयोगले गर्दा म स-शक्तिकरण हुन सफल भएको छु।

मैले ब्याचलर २०७० सालमा पास गरि अहिले यतिकै बसेको छु। हाल आफु स-शक्तिकर र सक्षम समेत भएको कारण आफु जस्तै अप्टेरोमा परेका र गरिबले पिल्सिएर बसेका पढ्न नपाएका अपाङ्गता भएका व्यक्तिहरुलाई पढ्न जाने वातवरण मिलाउदै सहयोग खोजि दिने कार्यमा लागि रहेको छु। ज्वइ फाउन्डेसनले मेरो भित्रि आँखा खोलीदिएकाले गर्दा म पनि समाजसेवामा लागि रहेको छु। मैले पढ्दा पढ्दै साथिहरुलाई जम्मा गरि मेरो नेतृत्वमा नेपाल अपाङ्ग स-सक्तिकरण समाज नामक संस्था समेत दर्ता गरि ८ वर्ष देखि सामान्य जनचेतना र स-शक्तिकरण सम्बन्धि कार्यक्रमहरु गरिरहेको छु। अपाङ्गता भएका व्यक्तिहरुलाई अधिकार दिनु पर्छ भनि निरन्तर वकालतको कार्यमा पनि आफुलाई परिचालन गरिरहेको छु।

ज्वइ फाउन्डेसनको कारण सहजै शिक्षा लिन पाएकोले चेतना भरिएको हुँदा अपाङ्गता भएका व्यक्ति पनि अवसर मिलेमा जिम्मेवारि निभाउन सक्छन् भनि जनचेतना जगाउन ७० सालको संविधान सभाको चुनावमा समेत उमेद्वारी दिइ गाउँमा राजनितिक बहस गर्न समेत सफल भएको छु।

मैले कम्प्युटर सिप समेत सिकेर किर्तिपुर नयाँ बजारमा साइबर समेत खोलि व्यवसाय गरेको थिएँ। साइबर खोलेको ५ महिना के पुगेको थियो देशमा तुलो भुकम्प आयो र बैसाख १२ को भुकम्पले गर्दा साइबर चलन सकेन र त्यसलाई बन्ध समेत गर्न पुग्यो।

यहि ७३ सालमै पनि केहि गर्ने सोचका साथ आइडिया स्टुडियो नेपालमा तालिम लिइ एउटा अनलाइन सोशल साइट बनाउन लागि रहेको छु। त्यो काम पनि यसै वर्ष पुरा हुँदैछ र त्यसैमा लागि रहेको छु। आज सम्म जति सफलता हासिल गरेको छु त्यो सबै ज्वइ फाउन्डेसनको योगदान हो। यदि ज्वइ फाउन्डेसन नभएको भए म यति सफलता हासिल गर्न पनि सकिदैन थिएँ होला।

मेरो सफलताको लागि हातेमालो गरि मलाई यो ठाउँमा पुर्याउन साथ दिनु भएकोमा तपाइ ज्वइ फाउन्डेसन नेपाल र सम्पूर्ण फाउन्डेसन परिवारलाई धन्यवाद...।

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